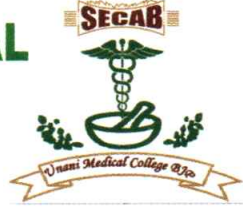


SECAB ASSOCIATION'S

LUQMAN UNANI MEDICAL COLLEGE & HOSPITAL

Recognised by Govt. of Karnataka and
Affiliated to Rajive Gandhi University of Health Sciences Bangalore
and Approved by C.C.I.M. New Delhi,
12, Naubag, Bijapur - 586101, (Karnataka)
Principal: 08352 - 250176, Fax No. 08352-222769,
e-mail: principallumc@yahoo.co.in



In the wake of the Covid-19 outbreak, entire mankind across the globe is suffering. Enhancing the body's natural defense system (immunity) plays an important role in maintaining optimum health.

We all know that prevention is better than cure. While there is no medicine for COVID-19 as of now, it will be good to take preventive measures which boost our immunity in these times.

Took step to serve the community by protecting & Boosting the Immunity by Unani preventive measures for Covid-19.

PRINCIPAL
LUQMAN UNANI MEDICAL COLLEGE
Naubag, BIJAPUR.



LUQMAN UNANI MEDICAL COLLEGE, HOSPITAL & RESEARCH CENTRE

12, Naubag, Vijayapur- 586101, Karnataka (INDIA)

COVID-19 CORONAVIRUS DISEASE 2019

HOW IT SPREADS

- Coronavirus is most commonly spread from an infected person through:
- Respiratory droplets when you cough or sneeze.
- Close personal contact, such as shaking hands.

SYMPTOMS

- May be very mild to severe.
- Take up to 14 days to appear after exposure to the virus.



Cough



Sneezing



Fever



Difficulty in breathing

WHAT TO DO IF YOU HAVE SYMPTOMS

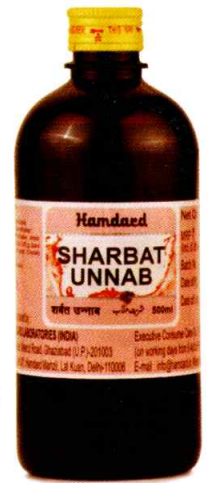
- Stay home in a separate room or keep 2 meter distance.
- Visit the hospital.
- If you need immediate medical attention call 104 and tell them your symptoms.

PREVENTIVE MEASURES BY LUQMAN HOSPITAL

- L** Learn about the disease to assess the risk.
- U** Use tissue paper or flexed elbow while coughing and sneezing.
- Q** Quarantine(isolation) the sick person.
- M** Maintain hygiene by washing hand properly.
- A** Avoid travelling and contact to infected ones.
- N** No to mass gathering.

UNANI PREVENTIVE MEASURES FOR # COVIDE 19
Boost your Immunity and protect your self by Unani Medicines

8884326863
8317360617



For more information contact us at Luqman Unani Medical, College, Hospital & Research Centre.
 12, Naubag, Vijayapur-586101.(KARNATAKA)